A Key Paradigm Shift of NOW; A Message of Love, Inner Earth, Cosmos and More

Dr. David Clements, Martha Hines

David Clements, A Key Paradigm Shift of NOW; A Message of Love of Inner Earth, Cosmos, & More

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This was another profound, heart-opening, and consciousness expanding conversation where we explored messages of Divine Love intelligence from Inner Earth beings, the cosmic realms, our spirit teams, and the sacred intelligence of all of life. In a time when humanity is being called to remember its origins and purpose, David and Martha share powerful spiritual messages from the spirit realms on how to release our "fortresses" of fear and trauma and to remember and relax into the oceanic web of oneness, unity, multidimensional love, and planetary awakening to the wholeness that we all are and that life is.

In this video, we explore:

- This major paradigm shift humanity is currently undergoing
- Love and wisdom from Inner Earth beings and star realms
- Anchoring higher frequencies of peace, trust, and connection
- Remembering our galactic and Inner Earth ancestry
- Tools for staying centered and grounded during global change

This is a message for light workers, starseeds, way-showers, and soul-led beings who are here to co-create the New Earth from a place of love, remembrance, and divine presence. Authors like Martha and Radu Cinamar acknowledge the sentience of galactic “objects” and

transport mechanisms with first hand, orders of magnitude familiarity beyond a Gaia “Hypothesis”.
Be part of the movement. Like, comment, and subscribe for more high-frequency transmissions and spiritual insights.
CONNECT WITH DAVID: Dr. David Clements PhD is a theoretical physicist specializing in living energy physics and has advanced degrees from Oxford and Cambridge Universities in the UK. Meditations on Dr. David Clement's Patreon channel for livestreams, videos and meditations: / posts That is where all the streams of infinite Source intelligence, global meditations and channels of other beings, come through. For the other sites, https://www.isee-infynergy.com/ is the ISEE site for protective innovations and https://infinitesourcecreations.com/ has the Quantum Still-point Clarifier device and the Quantum Earth Seeds innovations also. See three interviews with David and @PamGregoryOfficial as well, including the latest one here:
• A Galactic Perspective with Dr. David Clements

CONNECT WITH MARTHA: https://livingtheonelight.com Join Martha's free online community: https://livingtheonelight.com Join Martha's FREE SOLSTICE GATHERING on June 21, 2025, 12noon - 1:30pm Pacific, live and recorded: https://www.livingtheonelight.com/gat... Join Martha's Ben-Huis series here: https://www.livingtheonelight.com/a-y... Join Martha's Stars Speak course here: https://www.livingtheonelight.com/the... Enjoy Martha's FREE Wholeness Way series here on this Youtube channel and also in the FREE Community Space here: https://www.livingtheonelight.com/who... Donate to support this work at: https://paypal.me/livingtheonelight #DavidClements #ParadigmShift #InnerEarth #CosmicLove #SpiritualAwakening #NewEarth #StarseedMessage #DivineLove #Ascension2025 #ChannelingInnerEarth

MARTHA: And I'm here for a second time with David Clements. And yes, we have been talking before pressing our cord and there's already so much. Not surprisingly, so much that is wanting to come

through ready to. Very, very excited. I think our teams are all very, very, very excited for this conversation. Many of you probably have already seen the first conversation that David and I had what only three weeks ago or something. Yes.
And for me, that was an absolutely life changing experience to have that conversation with you because, like I was saying to you, it's the first time I have ever, ever in this lifetime so far. Hopefully there will be more. The first time ever in this lifetime that I have met anybody who has not just identical, but eerily similar experiences to me with, in particular, the Inner Earth realms, but also the cosmic realms and the light realms of existence.
And just kind of a very similar set of experiences with the spirit world, I think in general. Yes, really, really this little, little remnant of me feeling like maybe I'm crazy just wait. Bye. Bye. Bye. I don't need to have that feeling anymore which is just astounding for me personally. So you thank you for that. But also people's response to the conversation was off the chart and. And I just already know that this conversation also is giving me chills without us even starting. So thank you so much for being here.
DAVID: Yes. Thank you very much again for asking me. It was really lovely to do that conversation with you. And it's really beautiful to share this information and hello to all of your audience and it's a wonderful pleasure and joy to be able to speak this out and to give information to you that you can pick in your own way and take what feels right to you and use that in your own evolution as well.
And, yes, it's just such a beautiful thing.
And when the teams come in and, and I know your teams come forward as well and you can feel them working together on this. And it's a beautiful synergy of information offering and energy offering because it's not just the words that we say. It's also the energy that comes with those because a lot of people have said when I spoke with, with Heather recently, we're talking about the, that it's that people sense the energy rise that they're talking about.
And that's the energy rise that they get. And that's the fact that when people emit energy when they're saying, it's not just, it's not the words. The words are actually a very small part or a component of

what's being said. It's actually the energy transmission that's coming forward. And it's the opening within people themselves that they wish to take themselves through that gives them the rise as well. So it’s a very wonderful, beautiful way to create that sort of synergy and that upliftment.

MARTHA: Yes. And so just in a nutshell, I mean, I think that the web of this conversation is going to go exactly where it's meant to go. And then just to just to follow that flow. I'm sure. But just to give, give everybody a sense of the gist of what we're, we both in, in various ways we're feeling called by our spirit teams to really drop in together to what you could call a paradigm shift and feeling happening in this moment in the planet. We happen to be actually, interestingly, recording this on solstice June solstice. Yes, that's true. Yes. For me, I don't know about you. For me, the two solstices in the year are the most powerful magical days in my life.

Yes. So I just was real remembering that today happens to be solstice when we're recording this, but this is obviously relevant anytime, an extra powerful portal of clarity and flow here. And yes, really, really beautiful. Yes. So would you like to just start by opening with what? Yes, what, what is this paradigm shift? We're go with whatever. Sure. Okay.

DAVID: So, yes, we were talking before and for the audience, I had a bit of a pre chat with Martha about what we, because I always like to do these organically and just no planning at all. Just let the energy just roll. And when the teams came in, they were sort of showing a new type of energetic that was appearing on the surface of the Earth. And where they took it was that how should we start?

So I did an interview with Heather who is a good friend of yours. And we were discussing this idea of this fortress that people had unknowingly or knowingly over many, many life cycles have put in place. And it was to do with a defensiveness or a feeling of safety or security, a self-grip or control. And what happens is that what we've done is we're using an immense amount of energy to hold that in place. And we don't even realize that we're doing it mostly. We just feel like, why can't I feel energies? Why can't I do this? Like and

you're holding this sort of massive fortress around you that you don't even know that's there.
And that's energy is not able to pass through that because it's we're literally using our free will to hold this immense walling system in place. And that's undergoing a real breaking down. And so, I mean, one of the aspects of this is that I've talked and the teams have talked about self vulnerability. And one of the sort of dichotomies that people face is they feel that to really let go and relax and be open is to be vulnerable and unsafe.
And it's the opposite that is true 100%. We are putting ourselves in a sense of unsafety by holding that fortress in place because by doing that, not only are we sort of pulling ourselves down, we're losing our ability to sense energies and to discern energy within different things, different people, different environments, those kinds of things. We're numbing ourselves to all of the available energetic information and experience that is already there.
And so this is what's led to humanity living in this almost sort of numbed down functional state where we get up where they go through the routine. And so people just like have coffee, have breakfast, go out, do their functional workday, come back, absolutely tied, slump in front of the TV, go to sleep, do it all again the next day or variations of that whatever it is.
And so humanity was never ever supposed to live under those circumstances. We are lineage. Our heritage of our genetic heritage, our makeup is profound. Our abilities and what we have coming and what is opening up is just unbelievably, there's no expression in the English language or any language I could possibly give it. Not that I speak any of the language, but it's so colossal in its scope.
And where that comes to is that the human being is when it's my feeling is from my teams of what my higher self have been giving me is that when this transition is really on a roll and it's really unfolding, people will start to learn just how powerful and sensitive the living organism of the human body and who we are as beings are.
Now what we discussed in our pre discussion was that there is as this fortress of sort of self defense is coming away, this this wall of fear and other paradigms that are sort of just a molt together and created

this fortress around us. We're going to start to have more energy exchange, more sensitivity and the ability to be aware of energies coming to us and the energies that we transmit as well.
And now what the teams were saying is that humanity has largely functioned as if we are all independent. We have neighbors, we have friends, but they do their thing we do and we're not even aware of anything that's going on. Now with let's bring in the inner civilizations here and how they how they operate. And so from my experience, when I've been down there, there is this ever present glow that's there.
And I'm sure you've experienced this too, is that around all things, there is some things as a sort of moderate gentle glow and around other things, the more crystalline nature things, there is quite a strong glow and they themselves emit this glow. Now, if you can imagine for a moment that glow is this beautiful, intelligent, energetic that sims that emits and it's going into an interacting with and exchanging with everything. There is this rich overall symbiosis of energy flow all over the place.
And it's a beautiful experience. And so one person can get a feel for the person that's way over the other side of the cavern, they can sense them. They can just simply say, Oh, I wonder how such and such is doing today. And they get a good feel for the energy that suddenly comes to them. There is an energy exchange. And that, if you imagine it, they're saying is an entirely different paradigm of living.
So instead of thinking waking up each day, think, Oh, God, I'm all alone feel quite alone.
Nobody understands me. Nobody gets me. The whole day is basically like you're wandering around pretending that, Yes, I'm good. I'm fine. Everything's cool. And really you feel isolated and cut off. Now, the way these civilizations live, it's not like that at all. There is this rich, beautiful, exchange and awareness of their family, their friends, the whole colony, whatever you wish, whatever name you want to call it.
And not just that. It's with the crystalline structures around them, the rocks, the grass, everything they have in there is this sort of

effervescence glow, which is living intelligent light. And it's alive. It's living. And they have, they interact with it. And so that it's instead of becoming, it's sort of being like this isolated, individual where you think you can't feel anything. You're all on your own and you've just got to get through the day and get to bed safely.
And that's job done. That's great. Instead it's this richness of your entire day being this living orchestra is the word they're talking about, of living sound, music, intelligence, information light. There's a whole bunch of names that you can call it that's interacting with you that you're emitting. It's all coming to you. It's coming out from you. And it's this rich symphony. It's like an ocean, the organism of the ocean. So it's this beautiful liquid medium. It's full of rich of life. And whenever something does something over here in truth energetically, everything else in the ocean can feel it as well.
And they're saying that is the exciting evolution, a big, big, big major part of humanity's evolution that is unfolding. And they've said many times they know just how yearning people are to have sensitivity to energies and they want to feel. And they're saying that's coming. And it's going hand in hand with the dissolution of this fortress, this barrier, this very thick barrier that we have used through different life cycles using our own free will because of reactions to things. And it's very understandable.
So I would say to people have compassion with yourself because times were very difficult in past lifetimes. It was not an easy, this has not been an easy track. And so when you react, you often make misinterpretations, which you think is the best thing at the time. And you sometimes add a layer of energy of more contraction or more control or more fear or whatever. And then over lifetimes that can build up and then your sensitivity goes down and down and down and down. And if you look at it, that's kind of what's happening to humanity. We've just gone more and more and more into density. And density is essentially a contraction.
So that fortress we've been holding around us and that tighter, tighter, tighter, tighter grip is synonymous in a way with densification and our experience and perception of growing into a greater and greater density. It's very proportional to our energy state, our conscious state

and the way we perceive things. And so that is what is being unfolded. And so a lot of the sensations that people are having about feeling, oh, God, I feel really weird.
And like, I'm just been thrown into the middle of the ocean. I don't have a life jacket. What's going on? If you're really, it's like, that is okay. That is meant to happen that way because it's meant to give you an experience of you are completely safe and okay to jump in the middle of the ocean and you are supported. You are safe. Nothing is going wrong. It's going right. You are being removed of your safety jackets that you don't need that you think keep you safe and they don't. They just wall you off. They just keep you in a state of numbness to energetic exchange.
And moving forward with this what they're saying is that they give me this really crystal clear example of the inner civilizations again, that they cultivate every day that every time you have an energy exchange, there is this beautiful interconnected light web that forms. And the more you have this exchange, you build these beautiful webs up. And these are conduits of just sweet energetic exchange between living intelligences. And that's what they do.
And they're saying that they really are looking forward to when humanity really goes past these initial steps when they start to become aware of the light into webbing or these light fibers and a lot light conduits that form because as you become aware of them, you then start to allow more of that to happen. As more of that happens, you get even more it's like a self-perpetuating excitement of more of the same thing.
And essentially what happens is then your awareness and intelligence and perception of expands because now you're aware lots of other things simultaneously.
And it's that you're becoming aware of the richness and the expansivity of the living light that's around you because while you're in your fortress, it is there. It hasn't gone anywhere. It's always been there. But because of the fortress, you're not allowing the interconnectivity, the flow to happen.
So it perceives it's not there. It's like it perceives like you are isolated alone. There's no exchange. There's no energy. You have no

sensitivity. But that's not true. It's a trick of self shutting down a perception, but it was always there. And it's always going to be there. And the more that that fortress comes down, suddenly you become aware, wow, I've always actually been in this. And now I'm realizing and feeling and having this beautiful experience of remembering and re-existing in that rich opening to these exchanges.
And suddenly you not just have an awareness of yourself and your unconsciousness. You have a when you have this energy living awareness of your surroundings. Like in the case of the inner selfizations, the community, the colony, the cavern, the living organisms, the crystalline structures, you have this expanded sensitivity where you're aware of things. It's an entirely different paradigm shift from what humanity has been used to. It's like the image they're giving. It's like imagine yourself in this solid egg and you're riding this egg. This egg moves around in this rich tapestry of living, energetic exchange, but you can't see it. You can't feel it. You're just wandering around and your perception tells you, no, no, no, everyone's isolated. Everyone's lonely.
But as soon as you just take that cocoon off that fortress suddenly, wow look what you're in the middle of and are a part of it's going to be absolutely colossal. And we were talking about before as well that the human body itself is a mirror image of, say a galactic cosmos in a way if you think of a galaxy that each cell when it starts to build this light bridging system within it. Suddenly these exchanges happen between an inside your entire bodily system and the number of cells and the number of atoms making up each DNA strand in your body is just uncaptively colossal.
And imagine all of that interconnected and streaming light information all up and down. That is the immense energetic experiential form that the human body is going to become. And I've spoken about this a little bit on with Pam Gregory and with other people before, but I really feel they really want to touch on that more deeply because this is where humanity is heading, should we wish to choose to do this? And I believe they're saying it's going to happen anyway, but if we choose to do it, it'll happen faster because I believe that this is part of the paradigm shift that the Earth herself has wanted. And that's the

other aspect that we were talking about because it's not just us. The Earth's physical body is undergoing the same interconnected and expansion process.
Now I was saying before, but I really felt like having a different background was appropriate for today. And it's very beautiful because many people who are sensitive to energetics, they go out into a forest, they can feel that that effervescence glow that comes from things that are living intelligence glow. And as the Earth goes through this as well, just as with the inner civilizations that can feel and are aware of and live as a giant symbiotic organic community of living light within their ecosystem.
So it will be as the Earth goes through this process and humanity goes through this process, the entire Earth. And I can feel those beings are just elated at that fact. So instead of just being these communities inside the Earth, they have the entire Earth is going to become this one ginormous living light community. It's going to be just one heck of a party. It's going to be awesome.
And then suddenly you'll be aware of everything inside, everything around the richness of experience of being aware of those living energetics is going to bring such adventure, such sweetness and delight beyond anything anybody can imagine. And I've tried and it's not, it's like, they still are saying, yes, you're not even that far yet. It's like there's so much more to come. So yes, it's, sorry, I guess I should.
MARTHA: Can I just say this another way that they're showing me is, and what's so interesting is that this Benwe, this Inner Earth being who I channel, who has been coming to me for eight years or something now. He's right here talking in my ear. And he's very happy and he's just nodding. But what he's showing me right now is.
So like, because I'm trying to feel how to help people ground into this, what you're describing because I'm shown and feel exactly, exactly. Okay. And so what I'm being shown to say is. It's like, okay, if we imagine being, let's say going from a more urban setting into a more natural setting, right? There's sort of this jump up in light frequency experience, right? We've all had that kind of a feeling. If we go into a

forest, like that picture, amazingly perfect, right? Or we go to an ocean or whatever it is, we've all had that level of that kind of jump. But this jump that you're talking about or this switch, it's like you take that jump and then you turn it up into a whole different level. Right. It's so hard to put into words. But it's a lot of what's coming through in the Benwe series is. It's like, for me, when I go into that dimensional reality, it's like everything takes on not just a light quality, but it's exactly what you described. It's this, like a sweetness. It's almost like, not quite, but almost like being an amniotic fluid, but except an ethereal, where everything is shimmering and magical and like not only just filled with life, but filled with this intelligence of, I want to say like this… It's so hard to put into words, so hard to put into words.
DAVID: Actually, just very quickly. Sorry to interrupt. Yes, they gave me this image. One way to think of it because it's very good that you're talking about grounding it in is that imagine. When you have the sensation of say going on holiday and you go into this warm ocean and you can just spread your arms out and you can feel that the sensation of the visceralness of the water around you can wade through. You really feel like almost you're becoming part of the organism of the ocean.
And in that way, it's very similar to saying what's going to happen is you're going to go into an ocean of light and the same thing is going to happen. That's it, yes. And I feel that's a good way of feeling it because it is so hard because we're coming from this paradigm of isolation, separation, no sensitivity, numbness, blah, blah, blah, which is not how the human organism is supposed to be living.
And we're going into this ocean of light where the creativity, the inspiration will be in every moment all the time and it will be elation and that's how we are supposed to live. We're not supposed to live in this. Oh, sad kind of depraved. It's like, oh, oh, I got one idea for the day. Great. I can run with that. That's my point of joy for the rest of the day.
It's not like that. It's every single moment is going to be inspirational in all of its time. When I see these other civilizations, both inner and up there, the serenity and peace and the quality of beauty and joy, kindness, sweetness, all the words that we like to use is just there all

the time. It's not something they need to reach for. It's not something like having a bit of a rubbish day today. I really need something good in my life today. It doesn't work like that. We are so used to this idea of energetic deprivation. Let's call it that this deprivation of interconnectivity that we should have, but we don't perceive on a regular basis.

And those people who are working and evolving and opening up are getting a glimpse of this. That is what is coming. And this is the beauty of how we're moving forward. And it's one of the big paradigm shifts of this is that we have been so used to an isolationist experience, an isolationist perspective and functioning as if we were isolated on our own.

A lot of people say they have difficulty when they're in a relationship, sort of being open and warm and loving and receptive. That's part of the fortress that we have around us. That is what is breaking away. Imagine being able to look into somebody's eyes as a friend or a partner and just really feel such immense sweet kindness and love for that person for nothing else other than just that.

And it's that is what is on its way. There are no agendas. There's no precursors. None of that stuff. It's just a pure, sweet exchange of one form of love intelligence connecting and reaching and symbiotically sensing another being in the same way and not just another being in the way that we know it. It's the organisms of the Earth, like trees and the light coming from the Sun. It's just living energy in a different form and it's all symbiotic. It's all living intelligence. And as the fortress comes down, our perspective is going to shift from this individuated, isolated idea to what being part of this immense infinite ocean of living energy and imagine all of the ideas that any being is ever had that is in that living light flow, that ocean of light accessible.

And the more deeply into that ocean, in other words, the more higher in energy you go, the more access you can get and it's just like the other thing they're saying is the sensation of this living music is kind of the word. They're saying is that all the time you'll be aware of this sort of sweet sound of living energy that will just be the symphony that constantly plays not like music that we used to like hearing sounds of what we used to, but it's like you'll be aware of the entire

orchestra of existence, just beautifully playing out all the time and you will never feel isolated you will feel connected all of the time. And they're saying that is how they would love humanity to live and that is what is coming. It's really beautiful.
MARTHA: It's what's happening actually. And another image that I'm being shown to speak to is because I can imagine people asking, well, how do I do this image I am getting.
So I used to be a therapist and especially as in trauma, children and families and an animal mom. And so the body worker, a massage therapist, I did Reiki, so all of these kind of things are coming together in myself. So what they keep showing me is if you imagine a really scared. Animal or a baby who's maybe just got startled by something right and that's kind of the state we're in, right, is this trauma state. And so, like, let's take a baby, for example, whom, whatever it is, something just happened, hopefully not horrible, but they're scared and they're crying.
And so you instinctively pick them up and you're holding them. And at first they're clenching, just like you're describing right and they're crying and they're so upset. And then over time, as you. And then even if you're like, you're just getting to co-regulate with them and you just sort of gently are holding them like you're right there, they're safe, but they don't recognize that yet right, but slowly, slowly, slowly. as we are held like that, their body starts to calm down, starts to relax. At some point they probably take this big sigh of relief and then their whole body goes right?
And that to me, that's what I keep showing that that's what I'm basically shown is my role in a sense is I don't do any hands-on work with anybody. I don't do any therapy anymore, but in the spaces I hold that's really the ultimate point is that it's like gently and we each do this in our own way I think right? Gently, gently, gently hold existence like not even just the Earth, but I'm shown actually all of time and space just that many, many of us are gently holding the body of the time space continuum to deeply, deeply relax let go so we can come back to the reality.
Oh we are wholeness, we are okay right and then like neurobiologically we know in a like let's say a scared baby

traumatized baby they go into fight or flight mode and then when they're able to relax then their whole nervous system comes back into regulation, right and then that's when I feel like that's what then is a gateway to boom like coming into that way of perceiving that way of being in interconnectedness etc right it's really hard to do that for a traumatized state which I think is probably very similar to maybe what you discussed with Heather.

DAVID: Yes go ahead I just had an image that I was being shown there and it's one of the ways they're saying to look at this imagine if you if you've seen like a bit of just a perfect still pond and then you drop a plop of water in and then you take a snapshot just as the back, back plop goes up like this and they're saying imagine that you're at that top of that sort of the plop that comes up as you take a snapshot at just at that point and they're saying what's happened to humanity is that even though you are part of the oneness of all that is because of this individuated experience.
We've had experiences which have caused us to have these reactions to things where we start putting on fear coats, shielding control coats self grip coats those kind of things and they're saying what happens is that as perceivers the energy that emits from us goes through those filters and then what we see is reshaped to mirror those filters in other words.
It's like I was saying online with Heather the other day that if you imagine a cinema screen when you go to the cinema you get pure white light that comes from the projector and either in the old days would go through film that was a distortion to make the light turn into the image of the film you want to see and it's very similar with us.
In other words we emit this energy and it goes through, it trickles through our filters distortions that controls everything else and then it goes out into the world so the world mirrors that precisely and so in other words, we, all the things that are happening in our lives are happening because we are either knowingly or unknowingly emitting those signatures that are being recreated mirror like one-to-one with what we're giving off and the trouble with that is that if we see something frightening.

We don't understand that we've made it. We react to it and then we add more coating onto those filters and it gets sort of a bit worse and then now we're emitting an even deeper signature of that event. And then we get the same event that mirrors again. And then we have another reaction and then we buy that reaction we add more and so layer by layer what happens is surrounding that little plot becomes this sort of very condensed sort of lens sort of filter sort of filtering ball if you like, the fortress where what we emit comes out has to go through that and our reality alters itself to exactly what we're giving off as the energy through those filters ..

And so they're saying this is quite a natural process that when that fortress dissolves away and it is dissolving suddenly, you'll realize that this much more pure light will start to emit and our reality.

We reform it itself around us, but hand in hand with that is that we'll suddenly become aware that we are having this sort of innovative with the water plot. It is actually part of the ocean it never left it was always there all the time it was just our outward perception had been so altered because of our traumatic experiences.

So yes that's very yes I agree with what you were saying there and this is the one of the biggest dichotomies of this is that people have learned and I've have experienced this in my own life feeling like the more griffin grower you have the more safe you feel, but it isn't it's completely the other way.

And what people do is when they get into that they go, they either make a choice to come out or they start going a little bit worse and worse and worse in that and or keep them. When they are there and life never gets better. They still get the same problems. They still get the same situations and they will because they’re broadcasting a request for reality to show itself exactly as they're broadcasting and they don't realize that they're the ones doing it.

When we let go those filters and become very, very pure perceivers without those filters now you see existence in its true colors not distortions its true colors and at every moment. In the true nature of creation you are never under threat. You're always absolutely safe because the whole of creation is in support of you just as you are the whole of creation it's symbiotic all of creation is symbiotic in that way

and that's part of what we are moving into and are going to get more and more of especially as we allow it and wish that to be, so as well as it as a human species.
So yes it’s again it's really difficult to try and explain the enormity and the grandness of this and how beautiful it is and is going to be, but, suffice to say, that that has never actually left it's all within you and around you right now.
It's just that we're unlearning or and as well as that learning to let go of that which we have held around us for so long that distorts our perception that makes us think we've got to be in grip defense control baton down the hatches that kind of stuff when in truth we never did and that's just part of this process and it is a beautiful one.
They say that's part of the reason why so many people are having such great reactions of purgings going on, like feeling on, oh the sky is falling, everything's going wrong, well they're saying it's not actually going wrong, it's going very right. What's happening is you're losing a layer of the safety jacket you think is protecting you. So you're resisting really hard to let even though you don't realize it it's like kicking and screaming, but it's like, if you just let it be taken away, you'll relax. You'll realize ah okay now I can feel a little bit more I have perception, a little bit more, and it's getting greater and greater and greater every layer of jacket that comes off every part of that fortress every brick of that fortress that comes off when we have these purges the so-called dark nights of the soul.
When all that the so depressive sad feelings come up that is parts of that fortress that jacket leaving and just to be aware of that because that is a very rightful and a beautiful process and though it doesn't feel like that and I've been through many myself so I totally sympathize, but it is important to have the understanding to say okay this is just another few bricks coming off.
This is going to be great, it's not going to feel so great for like half an hour or how long it's going to work, but when it comes off I will have more sensitivity. I'll have more understanding. I'll have a better feel for this symbiotic living light ocean that I'm becoming more aware of and every brick that comes off is going to take you closer and closer and

closer to that and that's very important to keep reminding ourselves of.
MARTHA: I feel yes I'm just getting this image of like a flower right that its natural state of being is as a flower and imagine if we put a strait jacket on a flower and then the flower you find it to yourself it doesn't even make any sense right it's just, but if we can tap into the innate divine intelligence of the being of the light codes of the flower itself, then, of course, that that straight jacket or whatever needs to just fall away because then the flower can be itself.
DAVID: Yes, exactly and to add to that as well they're saying that one of the other the best way to describe it is misperception. Sometimes it's very difficult to articulate the words because it's not there's no real English word or a language to describe it, but they're saying that one of the issues that humanity has had sort of ingrained because of this densification experiences that we thought that in order to make safe the world or to get what we need to feel safe .
We've got to put this there, move that there, do this,, do that, there's this functionality that has to take place and if I don't do anything the whole world is just going to fall in on itself or your life is going to fall in on itself and what have you, but here's the cool thing as we begin to become more integrated into that ocean that we're already part of that sea of living light energy that divine intelligence and we emanate that that living intelligence is going to organize everything around you now the more you allow that the more it will do and this is the thing you see in physics there's this thing called the second law of thermodynamics then to explain it.

It's all the physics is pretty much premised on these ideas that if you put a gas into a box where everything bounces off each other and eventually it'll just go into a more chaotic state or maintain its current state of chaos or whatever you want to call it.
But what physics doesn't understand is it will basically what it does is it removes the idea that there's any living energetic that is organizing that gas or those particles in that box and so physics always assumes before anything that there is no living intelligence there is no

consciousness guiding everything is just a mechanistic things bouncing off each other and that's the best you can do.
But in truth that is not the way it happens at all and it appears that way because in a way what we're doing when we see things around us, we are we are reading back how energies behave outside of us because of the request of the energies we emit.
We are requesting them to behave that way because we have literally put such a fortress around us that that divine emission or that intelligence we're requesting it not to organize everything around us and put everything in place. We've battened it down so hard. We're like no, no I'm going to do it. I'm going to do it.
It's like so essentially as we learn to relax and unfold and admit that that beautiful effervescence glow the stronger and stronger that gets it influences everything and orders and organizes most beautifully everything around you.
So there is no need. So there's a handover, like somebody in a relay race handing the baton over.
There's a handover from having to control or feeling like you have to control things in your life to having everything work effortlessly for you.
You don't even need to lift a finger.
That's the way these high beings work. They don't go around scrapping and scouraging and putting everything in place to do things.
They simply have an idea of what they want to experience and everything just organizes itself around them instantaneously.

MARTHA: And that's a pure living state of life. love if it feels okay I would love because what you're saying there it feels like a perfect segue to connecting not only this Inner Earth reality that we're describing, but for me also the cosmic reality is the same, not like identical, but it's all connected because the Earth is part of the cosmos.
We often think Earth versus cosmos, everything cosmos is different, but where is the Earth, if not in the cosmos?

It's not just part of the cosmos so yes so one of the things that the Inner Earth realms and then we still sitting here smiling nodding is like yep keep going.
They often show me and remind me no, no we are in continual constant always community connection relationship with stars cosmic being seen and not seen by all of it right it's all part of that same soup same yes ocean yes of the and so I would love there's so much so many threads we could go down and all of that, but one of the things that I would love to hear your thoughts on, for example, one of many things I'm shown when I'm in the Inner Earth realms is that there are throughout the Earth there are these chambers, some small some bigger.
They're like sacred spaces in the Earth where it's like the they become these portal meeting commune places and then the star light star beings will come and it's like becomes like a sacred communal temple space almost or something yes and that's our natural way of being in one of infinite ways we can be in relationship with everything, but anyway there's so, so much there.
DAVID: Yes, so very much like sort of going from where we've discussed so far that so starting from the human body. The human body is like a huge sort of inner cosmos, if you like, of what we see out there and so as we build these interconnected light fibers into our cells into our DNA and the whole body becomes this super fluid flow of living conscious light energetic that goes all over the body.
It's funny with people. I was saying on Heather's show, she was asking me about technology and things and people get obsessed about creating the next big supercomputer whatever and it's like. Well you have the best possible light encoder or transceiver that you possibly could have right inside of you, but you don't pay attention. And in a similar way as the Earth goes through her process and we go through the same the light fiber.
We literally have literally a universe of living light in connection inside us and as the Earth does the same. Suddenly as they connect these beautiful web of light fibers of your body and the light fibers in the Earth start to coalesce and become symbiotic and the same is true with what goes on out there.

And I believe that's another reason why these advanced races are amongst other things are really excited and looking forward to humanity going through this transformation because imagine having that suddenly that light fiber connection that awareness and symbiosis with families out there with planets.
There is this whole massive organic living light system that wants to build and grow and expand and reach out harmonize with, enrich with all these beautiful things. That is what the Source Intelligence wants to do.
So in a way of looking at it, that has been our free will. Do you choose to be isolated or do you choose to remember your interconnectivity and get your living light wholeness. That's the way it's going. This living light intelligence, this Source Intelligence absolutely respects a person's free will. If people want to continue to be in numbness and isolation, it's an odd state to be in, but if they want to experience that they can, but it's always calling out to you.
Do you remember? Do you remember who you are?
Do you remember where you have come from?
Do you remember what you are part of and you are welcome back at any time you choose.
You simply have to just want to let go of the jacket you've put around you that makes you feel you're not part of it anymore.
And that's such a beautiful, beautiful thing.

And what's going to happen is, and that's another thin, the infusion of light codes we get from the Sun, we get from the galactic core that are that is literally emanating from space itself as well. It's coming from everywhere is just this gentle beautiful call to say, do you remember? Do you remember me? This is you. This is you speaking to yourself. Do you want to reconnect? Do you want to evolve? Do you want to expand back into this ocean of living light again?
And it's all these systems growing together. And it's almost like what's going to happen, and I talked about this before about matter itself has its own version of this coat. So like an atom has its own version of this fortress around it. And it's been put there because we have it. It mirrors us. We have had this fortress around us and so matter

behaves in the same way. As we let go of that, matter is going to undergo the same thing.
And that's partly where the glow comes from, I believe. So, as the atomic components in the crystalline lattice, so for example, quartz, it's silicon and oxygen. So as they start to shed off, suddenly this emanation starts to happen more from them. They start to glow. And it's the same with the material structure in trees and plants and other things like that. There's this shedding off of the barrier that prevents or makes us perceive a no glow form of the thing that we're looking at essentially.
So this is what's happening. We're going through this process simultaneously with the Earth, for the Earth, and by the Earth and us as well. We're helping each other. And as we go through this very gently, we're going to start to be aware of this.
And people are seeing that already. They're starting to see sort of flashes and wisps of light happen here and there. And suddenly everything just feels like it's emanating something and it's glowing. And then pretty soon you'll start to see that there's going to be this very gentle, very sort of pervasive glow that starts appearing much like when you go down into Earth civilizations. You see it in their entire cavern. There's this glow off of things. And so this really is that living light energetic, this web of light intelligence if you like, that sweet divine kind expansive adventure-making inspirational living light intelligence that reaches out to everything, but it doesn't push beyond your free will. It absolutely respects that. So you can choose to be isolated or you can choose to be part of the greatest party that you've ever experienced.
So yes it's very much like that and this is an amazing time for humanity. It really is and my teams and I can feel your teams and the beings that you connect with are super excited. And the other thing they're saying is imagine with these Inner Earth beings as well because they've been waiting for humanity to be willing to shed their fortress because by doing so we open ourselves up to this symbiotic living life that light connection. And they're saying it's the living divine intelligence quality of it, but it's also a living light library as well. Yes.

so that you are able to access ideas or whatever it is that you want to access or create and add to the library your own ones if you wish. It's like this living open divine system that says hey all these beings have done this. You can share and rich in that if you want to or you can add your own and put that into the living library and other people can access this and it's a growing living library of experiential understanding that just gets larger and larger and larger and keeps reaching, reaching and that is the living light ocean that we're and I kind of love I've never used that word before when they when they put that in there. I love that that that feeling of a living light ocean that we're going into. It's pure bliss. It's pure serenity. It's pure delight as well. That's Yes, that's very cool.

MARTHA: Well, I have I have two things coming up real quick if that's okay. Yes, just to round that out. So, I'm loving the feeling you're describing about the atoms shedding this fortress as well. I can feel it in my body. And then what I'm what that's bringing me to is an experience I had about a year ago. I can't remember if I mentioned this in our last conversation. I mentioned it somewhere recently, but anyway, if I said this already to you, I'll just repeat it because I would love to hear your thoughts.

So the other thing I was shown about a year ago, I was channeling Syrian light and what they channeled was this very strong imperative that we that we come into the true understanding of what DNA actually is. And the way they were showing it to me is that the real meaning of and they said DNA isn't even the right word because DNA almost even the phrase even that those three letters together for us, we have such a certain conception of DNA, right? Right. It kind of squishes our even our ability to really be present with the totality of what that concept really truly is.

And what they were showing me is that the truth of that thing is light codes itself and those light filaments and Yes. Right. And so and what they were saying is they were equating the truth of DNA to like mother's milk. Did I say this to you last time? No, I don't think you did. No, I don't I don't remember it anyway. Sorry. Okay. So they were saying like, for example, when a baby is first born right the mother produces colostrum and so colostrum is this very concentrated form

of it's not it's not the milk we think of right it's very concentrated and it's perfect for the newborn baby and then 3 days later the milk comes in and then the mother is like in this a totally different version of milk comes in and then as the baby grows and like once the baby is a toddler every stage of the way the breast milk changes to exactly match the needs of that baby.
And if the baby is exposed to certain diseases or whatever, the breast milk will also change to have the immune defense needs met for the baby etc. Okay. So similarly what they were saying is that this quote unquote what we call DNA, but way beyond that word we need to in a I think in a sense basically let go of those same kind of fortress ideas so that so that our the truth of the divine intelligence information light codes maybe that's like that's a very long way of saying DNA, but It can change and evolve moment by moment by moment by moment by moment just like the breast milk of a mother would for the child, right? Yes. That making sense?
DAVID: Yes, it does. Yes. I mean, one what I have something to add to that, but I'm not sure if you finished yet.
MARTHA: I'm finished with that. And there was something there was a second part, but it's gone out of my mind. So, you go with that and then I'll see.
DAVID: No worries. It's okay. Yes. It's the way that I see it is Yes, the classical idea of DNA as just being something that codes proteins and that those proteins go off and do their bits and pieces in the body is minuscule just a very physical function of DNA. Yes, the way I see it and I'm sure I have plenty more to learn on this is that the there is a sort of two coin a word a spiralic like you say and I've spoken about this before about light how light it's like a light fiber optic is not the right word it's a living light conduit that when light goes through it there's a special emanation that happens in the middle of the DNA it's a zero point.
So as you spin energy in a cyclical way like this, you create and you can actually do this with your finger. If you take a finger, spin it around like that. If you try that now, feel the sensation in the middle finger that you get as you spin around. [Laughter] So it's spinning energy around a center point creates something very particular. Now the very

cool thing happens when you spin it counter rotating. You can't you can't do that with your finger cuz it doesn't quite physically work. But if you can imagine sort of like one rotating this way and another one rotating that way, something very, very special happens that that counterrotating zero point.

And so I don't believe there it's any coincidence that DNA is in the spiralic form that it is and that that helix form. Now what I find is that this it's almost like a way to ground into the physical a structural form that has that that sort of counterrotating spinning energetic that sort of light counter rotating light energetic that creates and encodes energetic codes. It can create obviously we know that it can create physical proteins and it can code proteins and so forth, but the more important thing is how does it encode information and send it to the rest of your body energetically and it's much deeper than that there's layers it's like a fractal system it's layers upon layers of these living fields around the DNA and that what we see is the physical component is like an antenna which is the more is like the physical anchoring point of a very large living energetic system of light encoding.

So that is what I would say is to me what perceives to me as DNA and I feel that there's so much more as we as human beings have to learn about this, but and we're really just scratching the surface I think, but it's it is profound and this is part of the evolution we're going through because the form of the antenna the physical antenna that we call the helical DNA is going to change because in order to be an antenna for multi-dimensional coded energetic ICS it's got to it's got to change its antenna abilities. It's got to be able to tune into and be a different form in order to do that. Now that is a big discussion all by itself, but definitely it's this is part of the process that we're going through.

So again when they say about the cellular structure of the human body being its own inner universe or if you like when you get down to the DNA as well it's in a very similar light, pun intended, it's DNA itself if in every individual atom isn't there's just almost uncountably many atoms that make this enormous light fiber physical light fiber antenna we call the DNA strand and I mean, for example, I always say to

people, there's so many funny things in science that I just find really funny to think about. It's like, okay, so you say that, okay, so a DNA strand winds itself up into what we call the chromosome and then suddenly unwinds itself, unwraps itself, and then just starts spontaneously coding proteins. How does it do that? It's just like that and there's so many things like even in physics in quantum physics there's something called pair creation annihilation.
So a photon can spontaneously split itself into an electron anti-electron pair. They just create themselves and come back combine and then go back into a photon again. How? Why? What's doing that? That's been known for like since the 60s that that happens. It's called pair creation annihilation. all these things that really are markers to show you there's a lot more going on here than you realize that have just been floating around.
And it's and it's the same thing. It's like, well, how does just DNA by itself know how to wrap itself up into a Y or X chromosome the way it does? How does it know and when to unwrap itself, split the helix and recoil back up again? There is so much going on behind the scenes. And that to me is really representative of divine intelligence or intelligent handling of this fractal antenna we call DNA. There's so much to it and I find funny as somebody who's been in science there are so many questions that have gone unanswered for a long time because the it simply cannot be answered with a mechanical or mechanistic idea of oh this happens because blah, blah, blah, blah. But there is no explanation for that. You cannot explain how it spontaneously just starts to do that unless there's an intelligence behind it that's performing the process.
And that's something which I find that science is just doesn't want to go there with it wants to keep everything mechanical everything sort of procedural and functional everything. And this is another aspect that's coming together because as we go through this process, we're going to learn that living Source Intelligence, Light Intelligence, Love Intelligence whatever you want to call it, really is underpinning everything.
And everything happens in this beautiful organic flowing symbiotic interlink way between everything. Because Source Intelligence, it

knows you inside and out. It knows every other being inside and out. It knows exactly how to form things, flow things, create things that brings the highest joy and expansion to every living being that's in existence. And that's the beauty of it. There's nothing that can even get close to that type of intelligence at all. People try with the technology side of things, but it's like, so I'm sorry, you're wasting your time. It's never going to happen.

MARTHA: Yes. I this I think this is the last thing I feel called to say and obviously you can say anything you feel called to say too, but I've said this in many other places right, but it just feels so significant that essentially within science within academia and then by extension even in the therapy world we have been trained out of love we have been trained out of engaging through relating Right.

So even in my training as a psychotherapist, I was trained very actively, consciously trained, do not love your client. Okay. Well, yes. No, no, no. Oh, definitely not bad. Very bad, but then I'm sitting there working with a traumatized three-year-old and somehow I'm supposed to help this horribly traumatized three-year-old to heal. Well, how is that going to happen? Exactly. Yes, that's crazy. There is only one answer and that answer is love, right?

So, it's not that I'm supposed to suddenly become her mother. No, that would be crossing a boundary. But if I'm sitting there devoid of love and completely detached and like a machine, oh no, she will be scared of me. That's not going to work, right? Obviously, right? So it's the same thing I think to find, yes. I really do think that this remembering literally remembering this light love intelligence that is that is that is permeating everything always. I mean I think that that is one of the biggest components of this time of great remembering is having that come back to reality and having us come back to reality really come out of that training. Yes.

DAVID: Well it's funny because if you look at the word remembering, it's re-membering. You're becoming a member again of what you were a part of. Yes. And you the funny thing is that there's so many I was on a show not too long ago and there was a chap on there. I won't sort of say any names, but very, very mechanistic thinking, and that's okay. I'm not berating anyone. Everyone has the right to choose

how they wish to perceive and think of things. But very clearly not happy or comfortable with this idea of love and I say to people well love is just a word, but what is it trying to describe or point to?
And to me love is simply a word that is just a one-stop word for the living Source essence the Source Intelligence if you like and it knows how to organize everything. It knows how to find the healing Source for everything. It knows how it knows the entire being upside down, inside out, left, right, up everything. Now, the thing is, it's funny because when you look at it, one of the things that goes hand-in-hand with the way science tends to look at things, it's very, it has this synergy with what we talked about the control fortress the mechanistic lock everything down. It's nuts and bolts. If it can't be nutted and bolted, don't want to know about it.
And that's how people and it it's very similar to what you were describing there because a lot of people have been trained to think not just obviously professionally, but also personally as if everything is nuts and bolts to solve a problem you just do d and then you'll that you'll crack the problem and you'll send it the heck out of there or something.
And the truth is that you haven't actually solved the problem. It still exists. You're still emitting the same energy. It will just come back in the same way or a similar way or something different, but it will be the same energy. And love in itself is just pure divine intelligence in a way of speaking and there's no real word that can come up with it because words are a structure and you cannot use structure to encompass the quality of infinity. It's not possible.
As soon as you have structure is something that appears from the quality of infinity to present a sort of individuation or a or a quality of itself whereby you can have a specific experience like being on a physical world or in a physical body that kind of thing. But I always find it funny mathematicians like to use infinity and there are particular mathematics to do with infinity and using infinity as if it was a number and what I say is I see it differently I would say that infinity is not it is a quality it's not a quantity you cannot quantify infinity it's simply a word that describes that which is beyond all structure and

that is and that's why people struggle to describe Source Intelligence because we use words.
It's not the word it's that that's just a reference or a pointer to something which is there which you can't grab, you can't control, you can't encapsulate it in anything, it's the closest you can come to is this it is simply the quality of infinity and it comes back to this that to me everything that has gone wrong happens because a lack of that Source infinite intelligence that would normally have guided it to be completely harmonious, completely in balance and completely in flow. When we choose to withhold the emanation of that energy into our environment, suddenly like I was talking about entropy and gases just haphazardly the particles bang into each other. Things start to get chaotic. They don't have an intelligence that is guiding them, flowing them, supporting them, and creating the masterpiece of reality that that we really should be experiencing.
And so it all just goes it's like and that's where problems occur and this is why the infusion of what we call love into anything like you were saying with your patients is the ultimate form of healing because love really is the it when we talked about that glow off of things, the light fibers connecting, that's all simply love interconnecting and bringing together.
And what it does in in anything going on inside, anything going on outside, it's whenever you see like trees or plants growing things they shouldn't be and doing weird things. Essentially fundamentally to me that all comes back to there wasn't a sufficient amount of love intelligence to make sure that form grew pristine, beautifully flowing, healthy, and everything else. So that's really what it comes back to. And as we and for myself going through the experience of connecting with Source Intelligence through the infinity point gateway and other people have many different ways I'm sure that they call it is that when you get that emanation through suddenly you feel the harmonious balance you feel the gentleness you feel the kindness and the reordering of things that were once chaotic back into harmonious peaceful structures or fields or all sorts of things like that and so love is essential. It's and it's not just essential, it's absolute. I would say there is no substitute for that. Absolutely.

And it and it's funny the way you described it because the way you were trained there is so much the same way as science is propagated that it's like it's just no, you just have to work out the nuts and bolts. You produce the data. We see the data and we make conclusions from there and then we go to the next step and we do the whole thing all over again and it's funny because I remember back in the '9s when I was younger and I remember watching a documentary and it was the leading sort of theoretical physicists at the time and I was so young at the time I thought god it'd be cool to do that kind of stuff.

I had no idea about the stuff I'm talking about right now and I remember them saying I think the documentarian asked him so when do you think we're going to get this final theory of everything when are you going to crack it and they said oh we should have this wrapped up in about 10 years' time. So now it's a quarter of a century after that deadline date and still no closer of getting this.

MARTHA: You know although go back to Tibetan monks and nuns sitting in a cave whatever 2,000 years ago and probably they have pretty good ideas I guess.

DAVID: Well, this is the thing because science approaches things that everything is just about structure and is if you just understand the relationships between the interactions of structure, you'll understand everything. I say no, that's not it. Structure is the result of intelligence. It's not it's not the fundamental. Intelligence creates structure to have different holographic forms to play in, to have experiences and so on and can it change them anytime it wishes to and so coming from it from the back end trying to look at structure and trying to understand. It's like you're going to reach a wall and it's a conceptual wall because you you've shut out the idea that there is an intelligence behind it, underneath it, within it that creates those holographic forms that you call structure or atoms or whatever you want to call them.

And so and this is all going to change. And as things start to emanate this light, it's and material itself changes, whole new vistas of what we call science are going to come out. And it's not going to be structural science. It's going to be living energetic science as I like to call it. I think that's going to be just so profound. And this is this is the science

that these higher beings work with. It's not structural science. It's living energy, it's just I would I take even the word science off. It's just its living. It's a behavior of living energetics. Let's put it that way, can I give two very concrete examples?

MARTHA: I'll just say also with regard to therapy, the reason that it sounds so similar is because psychotherapy, the world of psychotherapy very consciously is trying to mirror science because the world of psychotherapy has this inferiority complex thinking that it's not considered scientific.

So therefore, it tries to be scientific by only promoting therapeutic techniques that are statistically supportive, right? Quote unquote. So then it biases itself toward cognitive behavioral therapies, etc. that can be quote unquote measured. But how can you measure the well-being of a human? Anyway, so that's a whole thing. But yes, but so I have this two really experiences that blow my mind that are so related to this one very concretely.

Long story short, essentially about five years ago, I have these I used to be a massage therapist for several years in the end of my 20s and I have these two clients from 20 something years ago who I still see periodically and anyway so several years ago the husband had open heart surgery and he was in the hospital recovering from this open heart surgery and he had me come to see him several times to just help his body kind of settle and soothe and all that.

So the morning he was supposed to be released from the hospital he called me panicking and I went to the hospital. I walked in and he looked like a deer in the headlights and there were nurses and everything in there because what had happened is that his heart had gone into afib. So his heart wasn't able to regulate itself and had apparently been doing that all night long, all morning long and so they weren't going to be able to discharge him.

And they had they had him on all this med like IV medication all night, all morning. Nothing was working. He looked to me like he thought he was going to die. Really, really, really scared. And so the nurse said can you please wait? We're trying to help his trying to help him. And so I stood there waiting and nothing was working. And then eventually she said, "Okay, well go ahead and do whatever you're here to do."

So, literally all I did, I mean, all I did, oh, and I the thing that sticks with me years later is that every time any of the medical professionals would walk into the room, they never looked at him. They never talked to him. They would walk in and go straight to the machine. Go literally, they would walk straight to the heart monitor. That's it. They were only interacting with the heart monitor. They never interacted with the heart, the actual human.
So what I did, all literally all I did, I'm not kidding, I didn't even think anything. I didn't even nothing. I went over to him. I just put my hands very gently on his back. I had this image suddenly it flashed in my mind of being his mother. He's much older than me, right? Could be older than my parents, but I had this very strong image of being his mother.
And this humongous wave of unconditional love just went through my whole body, through my hands into him. And then the nurse w she had still been shy he was still on the heart monitor and she walked in and she went, "What did you do?" And his heart was fine. And it never went back into it was completely fine. Right? I didn't do anything. Like I didn't do anything. Nothing. It was just literally being present and letting love literally run through my body to him. The end. That was it.
DAVID: It's funny that the heart itself is literally designed to be a perfect antenna in physical form for love and to and to literally allow that to flow through the physical fluid we call the blood into every cell, everything and emanate is a beautifully designed system. And this is the thing I believe that when you look at it and so many examples just like what you just said that the result of all misappropriate what we call misappropriate energies or energies that go chaotic or wrong or can't be sustained that they just collapse and go wrong.
The root cause is always in my view a lack of love somewhere, somehow something has happened because these beings that I connect with that are so I talk about being them being heart-centered, but really what it is they are love orientated they are in the ocean of living love intelligence living light intelligence whatever you want to call it everything is perfectly harmonized organized maintained

balanced synergized nurtured and that's a big word as well the nurture by this intelligence that we call love.
And I'd say to anybody that if you whatever's going on in your life, it's fundamentally ask yourself the question, in what way are you denying love to yourself, the access to love within yourself that is preventing love from harmonizing and organizing and therefore whatever it is going chaotically wrong in your life from happening because it's always the root cause of it.
And that really is the essence of when we talked about light fibers coming together. It's really the bridging of this love intelligence bridging through this holographic structure, opening it up, making it glow and becoming this ginormous living love organism which is this ocean of divine intelligence.
So I completely see that and it's wonderful you had that experience. What a profound example of that there is. And people sometimes say laughter is the best medicine. Well I believe what laughter actually does. It just literally lets you relax and open up to more love.
Yes, and because laughter is joy and joy, love and truth are essentially the same things. They have the same qualities, but I believe that at the heart of those qualities again pun intended is the intelligence of love. Love is the core, without love, things go wrong. They can't they can't be maintained and organized properly. They can't be connected into that ocean of love intelligence properly.
And so, they start scattering about and falling to pieces essentially. And this is very similar to what I think happens in human beings that when we're born as a baby, as a fetus, when we're grown, we're this pristine developing organism from the original eight cells as the as this field of love comes in and starts to grow this beautiful holographic organism.
And then at some point there's a diminishing of that and then suddenly instead of the organism flourishing, thriving, developing, it starts to fall to pieces. There's something very profound about what happens to a human being's develop from being the unborn child all the way through to its full term as an adult.
And at its core I believe and the way I see it certainly from what my teams are saying there's something very intricate about the human

condition of how we prevent love from coming through to when we finally open up to allowing love to flourish and go through.
And again it all comes back to free will. You can choose to block yourself off or you can choose to open yourself up completely and absolutely. And this is again coming back to this unfortunate situation that humans find themselves in. They have learned to fear openness. They have learned to fear letting go. They've learned to believe falsely that control is what gives them safety and the force forward to get through their problems.
It isn't. It's the other way around. They and the other aspect that my teams are reminding me of is that people have been conditioned to think that you're weak if you let go or it's a weakness to be open and self vulnerable and allow this divine intelligence to come through. No, you are at your most powerful when you do this. But power has been misunderstood. It's not force.
And that's a crucial thing. Power is not force. Force is control. Power is the ability to change your reality into whatever it is you want to simply through the intelligence of the love that you are. That's power and the power to transform things through the harmonious intelligence of love. That is power, that's what I would say. And so there's a lot of unlearning that humanity has to do as well as remembering these qualities and abilities that we have. Yes, it's quite a show, that's for sure.
MARTHA: They're asking me to share one other thing kind of as a as a gateway to maybe future conversations and just because yes, it it's this, but like taken to a different level. which is what they also are showing me is that when we are able to relax and connect in with this light code intelligence and love intelligence all of it be in that ocean of love light, the whole thing we're just describing the next well a next layer is that part of what the Inner Earth beings and the star beings and all divine intelligence is want needing and wanting and I think this is h part of what goes on in your work. They're needing and wanting to share with us their literal technologies.
So I think you're developing certain things more in various ways, but that what they've they're wanting me to share one thing really quickly.
Sure. Go ahead. That is part of their realm technology. So, so another

example that happened several years ago, same clients, is that I typically for years and years and years went to their home and this their home is actually where the Inner Earth beings first came to me. So, they live in this beautiful location up in the mountains overlooking the Pacific Ocean, super exquisite.
Okay. And long story short, the wife one day several years ago I went to their house and she it turned out for several days had been having really horrible back pain. She couldn't figure out what was going on and she said I don't know what's going on with this. Maybe you can massage my back and it'll help and I don't know, but this has been horrible. I can't sleep a really horrible pain.
So she laid down. I started massaging her and immediately I could I could feel that her musculature was fine. There was nothing going on like with the structure, but I felt all this heat in her lungs. And I said I think maybe you have like a lung infection something. There's a lot of heat coming from the in inner core of your lower lungs. I don't think that it's there's nothing going with your muscles. your spine feels in alignment all of that. And she said, 'Well, yes, I do get chronic lung infections. And I said, 'Okay, yes, I think I think that's what's going on. I think you really should go to the doctor ASAP because I think that's probably what's going on. And this this is extreme pain not a good thing. So she said, "Okay."
So, anyway, long story short, I was doing the massage and, and the Inner Earth beings came in. So, this was maybe, I don't know, a few months or a year into when they had started coming to see me. And I didn't mention any of those experiences to these clients because they're not in that mindset. Right? So, I'm sitting here on the outside. If you saw me, you would think, "Oh, she's giving this person a massage." But what was really going on for me was that there was this community of Inner Earth beings coming and actually also some little people like these mountain you almost call them leprechauns, but that's not really the right word.
Anyway, so it was a mix of different realms of beings healer beings coming and so fascinating. Okay, they brought they brought this it's almost like if you imagine a like an IV an IV metal kind of contraption. They put it over her body, clicked it in, and it was this, it was a

crystalline light realm thing that it's like the words they were telling me is that this is like a dialysis machine, but not for her kidneys. It's for her heart. Because what they were showing me is that there was long story short basically that she's had in some kind of grief and that so her heart was needing support to really clear out her lungs. Yes. Yes. Yes.
So they had this crystalline light structure start to do its thing, whatever it was doing. And I'm sitting there doing my massage just observing like, wow, what in the world is going on? So I do the massage, do the massage. there's, but there's nothing that I was doing that I feel like could have been helping a lung infection right, but in the meantime they're doing their magic and that would often happen for me is that when I was a massage therapist like spirit beings would come in and work and really they would be the ones doing the real work, but this was the most profound I had ever experienced and long story short I finished the massage she sat up and I said yes so I really think you need to see the doctor she the pain's completely gone. And I said, "Okay, okay, but I still think you should go see the doctor." she said, "Yes, okay, but the pain's gone." I would typically see her every week. So every single day I checked in with her that following week and I said, "Have you gone to the doctor? I really recommend you go to the doctor." She said, "No, I'm completely fine." So something that went on in that whole experience she went from days and days of extreme pain where she can't sleep to poof, she's completely fine. Yes. I was like, "Wow." And so what they tell me now even years later is they said, "Yes, we needed you to just see that, experience that because that is the tiniest tip of the iceberg of this massive divine intelligence web of divine intelligence. an actual tech technology that we have in our ancient lineage, ancient medicinal healing lineage that is actually natural to you guys, but in the exact right moment, we need it to come back online and we're here to help you do that, right? Anyway, so that they're telling me right now to just put that out there that that's a thing. I don't know if you have any feelings or thoughts.
DAVID: Yes, it's amazing. I mean, I've had a number of experiences in my own life with things feeling like there's just extreme sensations

and then almost being on the floor like I couldn't even move just really and then there was times when that happened when and they would show me images like okay just gentle just breathe into this area. What do you see?
And then I'd get images of this past life thing where something very traumatic happened and it was the imprint of something happening. And yes, the quick transformation that I've had of these things, it's just really incredible just how in a way and it comes back to this sensitivity aspect that as human beings we've been so we've so learned to numb ourselves to the energetics within us and how the energetics actually work that we've forgotten how to understand energetically what is going on within us and that's an important wisdom that and that that is coming back.
And it's beautiful you have this experience with your teams. And I believe that's one thing that the these Inner Earth beings and other beings are really looking forward to helping people understand is when you really understand energetics there really is nothing to be frightened of. It's just lost wisdom that we need to get back again. That's what it is.
So yes, I think it's extraordinary and I've had many examples again in my own life of things happening and just the just bang gone it's crazy how quickly it can happen. For sure, yes, so I'm really looking forward to when these groups can come forward as well and share what they have with humanity. And I know they're itching to do so, but I think part of the issue with that is that not really an issue. It's more like what they need humanity to do is get to a certain level because part of the reason is to do with that symbiosis. If you are not receptive and prepared to have a symbiosis, the symbiosis can't take place.
So this it's like having a very profound meeting with somebody like I really feel the energetics from you. I really feel the symbiosis, there's this beautiful connection. If that if a person you come into your circles and you start trying to get and that they're really shut down, they don't want to do it. The exchange is ultra-limited. The best you can do is have some words and that's it. You have a bit of conversation, talk about the weather, I don't know, something like that just very superficial stuff. But when you really connect with someone

energetically and you feel the energetics come from them and they do from you. That is a very profound encounter.
And that I believe they're kind of waiting for humanity to get to a certain threshold stage when they can then say, "Right, there you are. You're there now. Now we can start working together in a more symbiotic way because you have now chosen to get yourself to a state of openness where that symbiosis can in fact take place."

MARTHA: Yes, definitely. Yes. What I'm feeling and I feel like time is time is fluid. So, this could absolutely change in a minute, but what they're feeling right this second is that they're showing me so we're recording this June 20th 2025. They're showing me January 2026. They're saying sort of in this six-month period. Again time is fluid. Time doesn't really exist. This could change, but or be different for every person, but they're saying, yes, in this six-month period, really support the Earth. really support people to do bas basically be like that baby who is relaxing who is able to let go of those fortresses that you're talking about right like you're holding in your Patreon you have so many beautiful guided experiences.
I, in my own way, also I hope lots and lots of things like that as well and so I feel like maybe we're kind of doing holding this web of helping people in in all different ways whatever way speaks to a person in a given moment, right? It might even be different from moment to moment to moment.
Yes, definitely, medicine. Yes. But if we can spend whatever it is the next six months or two weeks or whatever it is, just really relaxing, let letting ourselves be held, letting ourselves let go of those fears, let go of those blocks, whatever it is. to feel truly held, truly safe in that ocean of love, intelligence, light, intelligence, then I don't know, they're showing me next January maybe. Yes. So, a wave of us would be ready to then kind of level up to a different
DAVID: Yes, I'd like to add something there that my teams have brought in. is saying one of the things to remember is that because of the ethos of people who have been have cultivated this fear to let go. They think they're giving up their power or abdicating or something like that. They're saying no, no you are surrendering back to yourself.

Yes. That's a key thing because I think on a on a under surface level, one of the things that really gets in people's way from letting go and really just relaxing go is the fear that oh, what am I letting go to? What what's happening? What's coming in? It's you. It's the energy of you that you simply don't remember yourself being.
So, you're not giving yourself away to anything. You're not being what's the word? Sorry, it's like you're the ocean that you're going into that you're surrendering into was always you. It's like the analogy of the plop they were saying. You've become accustomed to thinking you're at the little tip here and the ocean is this big scary thing. It's like I'm going to let myself go. It was always you in the beginning. This little, little protrusion here which you call your human existence is actually that. That's all of it. That's all of you and that's what you're going back into.
And I think that's a really important thing for people to remember because there is this weird thing with humanity and this innate. It's not it's not really innate. It's this cultured fear of relaxing and letting go like we talked about before. And the more you can just practice that and say no, no you're literally if you want to have your higher self come around you develop a field of remembrance of who you are just sit relax and just become accustomed like you would go into an ocean thinking ah yes this is beautiful just wave your arms around feel the energy of the water which is the liquid intelligence of you and just sink into it and see how you feel you I think you'd be very surprised about how homely It actually feels because it is home. It is who you are.
MARTHA: Yes. Well, what I think is amazing timing. We're doing this, having this conversation just hours before I think the Sun is moving into Cancer and we're at the Cancer solstice and in a few days is a new moon in Cancer, which is this is very Cancerian. The timing of it is when you look back and you realize the orchestra and again, it's Source Intelligence organization. It knows exactly how to put things together to create the optimum path of opening and joy. But you have to be willing to take it.
If you come kicking and screaming, it's not going to work very well. But if you're open to it and allow that intelligence to organize and

harmonize everything inside you and around you, that's what I mean. When people call the word miracle that really is just a word that describes the sudden spontaneous intelligent organization because of Source Intelligence, that's what I would call it definitely, precisely amazing other thing you feel called to say before we close no they're smiling they're saying I think that's a good bucket load for everybody to digest so that's a lot that was definitely a Yes..
So, yes, definitely it's wonderful to come on your show again and to chat with you about these things and to share this information that me as a being, I would just encourage everybody just to have fun with this process.
I know a lot of it can be seen quite scary and seem quite overwhelming, but at the end of the day, you are being absolutely supported by the ultimate Source Intelligence, which is your higher self, which is you, which is the ocean of intelligence that you really are a part of. just let go to that just have fun with it and enjoy the whole experience. You're being supported and guided all the way through.
Definitely, I'm getting the image of the reality that if we are if we do let go into an ocean, guess who's there with us and they're like jumping and happy and whales and seals I love. We have a lot of seals here where I live. I love seals. They're so funny, one, I'm getting this image, one time I was down by the beach right where I live and there was a seal popping its head up out of one of the waves out of the water and there was a dog running on the beach and I could see the seal like super excited like wishing it could run along with the dog like it wanted to play with the dog.
And that in a way as is a final thing is that really is the nature of divine intelligence. It is super childlike and playful that a lot of these practices that treat it so somberly and serious. No, no, no,. I really I really do not see it that way at all. I say that it is so playful and my wife some sometimes says to me say your higher self is so funny and cheeky. It's always messing around and that is the truth. It's what they are. There's no seriousness about it. It's fun. It's all fun and joy.
And the more you can be that, the closer in synergy you are with that truth of who you are it's there's nothing serious about it. It's seriously

unserious, literally. Yes, absolutely and so perfect again for a Cancerian energy because it's inner child, all of it. Yes. It's just so perfect. Amazing and Sirius, the star happens to be in the middle of the Cancer part of the sky.
So, it's also perfect. Seriously. Get it? Seriously. Yes, and next Monday, I happen to be interviewing someone named Dr. John Ryan. I don't know if you're familiar with him. He's familiar with he loves you and your work.
And I think the two of you very good friends. Yes. Anyway, yes. He channels Sirius. Oh, cool. Okay. Yes. He's a physician. Anyway, you guys would get along really well. He's such a good, good person. Yes. So, oh cool. Well, hello to him and yes. So, beautiful. So, people probably are already familiar, but you have this amazing Patreon account where people can membership where people can join for free and access all kinds of things for free.
And then you have a very low very low cost another tier where you can access all kinds of other amazing things. And you hold periodic free gatherings. You're having one this Sunday if people happen to hear this video soon. So that's on June 22nd. You're having a Q&A that follows up on what you were telling me is a really powerful free activation gathering you just had, right?
So the way we do it is we so we used to do on a rumble and there was we used to have a problem with adverts coming and people would do the meditations and just when they're in that just a whole advert would pop off and it would ruin the whole thing.
So we went for a paid for platform and so initially we just asked for people, but we wanted to try and keep the Earth so what we do is everything to do with Earth support Earth help Earth grids evolution of Gaia and big cosmic stuff like that we keep free so that as many people can participate as possible. The Q&As have been free so people can come in which is this Sunday they can come and ask questions. We do have a subscription for is one where it's a personal activation where it's helping you to evolve just as a way to balance and support the channel the way that we need to because it's obviously it's a paid for platform.

So yes so most of it I'd say probably about 80 85% of the stuff on there is on the free side of things and for the more personal ones and there are a whole series of personal ones that we had from the original platform which we just took over and just put straight on the free platform. So, one meditations one to 15 I think and some after that they're all free and they build you up and doing cellular work all the way through to opening the sacred heart bridge, the infinity point bridge.
So, all of that you can do for free. It's just the ones we do now which are personally orientated those are on the live stream tier level.
And we tuned in as well. We asked our teams that, and that's what we do with everything. I'm not much of I really don't like so much the money side of things and I said to them look okay in your view what is the most balanced price to charge so it's balancing with me with people with every everybody involved and they suggested that that price point.
So it's that was their recommendation of where to where to put it. Yes, that's how I price things, too. My guides tell me. Yes, definitely. It's very funny, wonderful, Amazing. And you have many other off I'll link I'll link the Patreon. I'll link your website all of the things and I also am holding a free gathering if people happen to be hearing this really soon. I'm holding a free gathering tomorrow, June 21st, and that's going to be something for the Solstice channel. Anyway, yes, if you're interested and you haven't signed up, you can sign up for that, too, amazing. Thank you so, so much for another beautiful, exquisite conversation. Yes, thank you too, Martha, as well.
MARTHA: Yes definitely very funny, wonderful, yes amazing and you have a link the Patreon a link here website all of the things and I'm holding a free gathering if people happen to be hearing this really soon.. Yes, amazing thank you so much for another beautiful exquisite conversation.
DAVID: Yes thank you to Martha as well. It's been a joy to be here. Yes I love chatting with you and yes I look forward to future conversations and where the teams want to take it and yes and just great love to you and to your audience as well I wish you the most beautiful day and I hope that this information is helping you to unfold

in your own and your own path and your own understanding as well and has also more most particularly helped you to just get that little bit closer to really getting into that ocean of who you are, that immense infinite ocean of love intelligence that you are and that is always there for you.
It never left. It can never leave and it will always be there waiting for you for your choice to go into it for sure.
MARTHA: I'm getting the image of being a kid and trying to get into a swimming pool and being scared of it being too cold. The reality is we're all doing this together. It's so much easier to jump into the pool when like your friend is going to go with you yes that's what we're all doing.
DAVID: Yes, I agree and it's and I just say just as a last message is just to keep it fun if you ever find yourself getting serious about stuff, just keep it playful, giggle about things joke about things. They love that and so does the Source Intelligence. It loves when you get playful and it will it almost poke and tickle you to be playful, because that's what it loves to see and be and so if you find yourself getting a bit serious about things just have fun. Do something else. Just do something funny
MARTHA: Yes, we second that. Yes, thank you, thank you, thank you, David so much.
DAVID: You're very welcome, love to you all, bye.
MARTHA: Please jump in anybody, everybody with your own feelings, thoughts, reflections. We would love to hear from you.
DAVID: Yes, definitely, bye everyone.